



# Ketamine-Assisted Therapy Pricing Structure

Welcome to Ascent Online Counseling's Ketamine-Assisted Therapy program. Below is a detailed breakdown of the pricing structure to help you understand the costs associated with each stage of the process. I aim to provide clarity and transparency about the financial aspects of our services. The following protocol has been developed to be conducted by Jeremy through Zoom with any client in the state of California.

## 1. Initial Assessment

- **Conducted by:** Journey Clinical
- **Purpose:** To ensure you are a good candidate for ketamine therapy.
- **Cost:** Determined by Journey Clinical (please inquire directly with Journey Clinical for exact pricing).

## 2. Pre-Ketamine Therapy Sessions

- **Number of Sessions:** 2 individual therapy sessions
- **Purpose:** To set intentions, prepare goals, build trust, and prepare for the first ketamine session.
- **Cost:**
  - **Private Pay:** \$150 per session
  - **Insurance:** May be covered depending on your insurance plan. We will discuss this with you to determine coverage.

## 3. First Ketamine Session

- **Duration:** 2+ hours
- **Purpose:** Supervised ketamine therapy session.
- **Cost:** \$489.99 (private pay only, not covered by insurance)

## 4. First Integration Session

- **Duration:** 1 hour
- **Purpose:** Discuss takeaways and the future of the medicine.
- **Cost:**
  - **Private Pay:** \$150
  - **Insurance:** May be covered depending on your insurance plan.

## 5. Second Ketamine Session

- **Duration:** 2+ hours
- **Purpose:** Supervised ketamine therapy session.
- **Cost:** \$489.99 (private pay only, not covered by insurance)

## 6. Second Integration Session

- **Duration:** 1 hour
- **Purpose:** Discuss takeaways and the future of the medicine.
- **Cost:**
  - **Private Pay:** \$150
  - **Insurance:** May be covered depending on your insurance plan.

## 7. Third Ketamine Session

- **Duration:** 2+ hours
- **Purpose:** By this session, you may be more comfortable with the medication, so Jeremy's presence might not be critical.
- **Cost:**
  - **Supervised Session:** \$489.99 (private pay only, not covered by insurance)
  - **On-Call Support:** \$100 (Jeremy available on-call, if preferred)

## 8. Third Integration Session

- **Duration:** 1 hour
- **Purpose:** Discuss takeaways and the future of the medicine.
- **Cost:**
  - **Private Pay:** \$150
  - **Insurance:** May be covered depending on your insurance plan.

## Full Ketamine Sequence

A full sequence typically includes 4-6 ketamine sessions with integration sessions in between to maximize the experience and benefits.

### Summary of Costs

Session Type	Duration	Private Pay Cost	Insurance Coverage
Initial Assessment	1 hour	Contact Journey Clinical	-
Pre-Ketamine Therapy	1 hour each	\$150 per session	Possibly covered
Ketamine Session	2+ hours	\$489.99 per session	Not covered
Integration Session	1 hour each	\$150 per session	Possibly covered
Third-Sixth Ketamine Session On-Call	2+ hours	\$100 per session	Not covered

## Important Notes

- **Insurance Coverage:** We will discuss your specific insurance coverage during the initial sessions to determine if pre-therapy and integration sessions can be covered.
- **Private Pay:** Ketamine sessions are private pay only and not covered by insurance.
- **Session Sequence:** A typical sequence involves multiple ketamine sessions interspersed with integration sessions to ensure comprehensive care and maximum benefit.

## Next Steps

1. **Schedule Your Initial Assessment:** Contact Journey Clinical to schedule and complete your assessment.
2. **Book Pre-Therapy Sessions:** Once cleared, schedule your two individual pre-therapy sessions.
3. **Plan Your Ketamine Sessions:** Coordinate with me to plan your ketamine sessions and follow-up integration sessions.

I look forward to working with you on your journey towards healing and transformation. If you have any questions or need further information, please do not hesitate to contact me.

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## Contact Information:

Jeremy Van Wert

[jeremyvanwert@gmail.com](mailto:jeremyvanwert@gmail.com)

[www.ascentonlinecounseling.com](http://www.ascentonlinecounseling.com)

